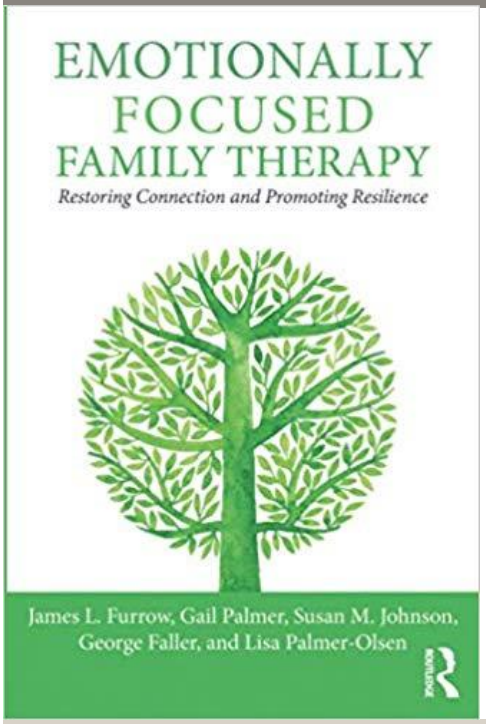
# Emotionally Focused Family Therapy: Level 2 Training




ICEEFT
International Centre
for Excellence in
Emotionally Focused Therapy

## Advanced Training

This workshop will focus on the six core competencies integral to the practice of Emotionally Focused Family Therapy. Participants focus on key change events in EFFT and therapist practices used to promote parental openness and child vulnerability. The training provides direction in transforming parental intention into more effective engagement of caregiving and engaging attachment responses within the family system.

The two days will offer in-depth skills training through a combination of brief lectures, video demonstrations, live modelling, case discussions, and supervised role-playing practice. The interventions of EFT as it applies to the family context will be described and demonstrated and participants will have the opportunity to practice EFFT core skills in small groups. Emphasis in this workshop will be on skills building and applying the model to the participants' family practice.

When: January 10, 11, 2020

Where: Kanata Golf and Country Club

7000 Campeau Drive

Ottawa ON K2T 0A3

Time: 9:00 am - 4:00 pm

Cost: Before December 1: $425

Regular: $449

To register download registration form