

**November 27-28 and December 4-5, 2020  
Couples Therapy Does Work!  
When You Know The New Science of Love**

Knowing the new Science of Love will help you be successful in couples and relationship work. It will even help you improve your compassion for others and strengthen relationships in your own life. Imagine improving your therapy skill, having more success in treating couples AND getting happier in your own life all at the same time. We know from recent research (Levenson and Sandberg, 2010) attending an EFT Externship can do just that.

This is an official Externship, endorsed by the International Centre for Excellence in Emotionally Focused Therapy (ICEEFT). Attending this externship is the first step to being listed on the [ICEEFT Therapist directory](#), where couples are going to find trained couple therapists. Attending this externship is also the first step towards becoming a certified EFT therapist. For further details about the certification process please refer to [ICEEFT's Certification Page](#).

In this Externship, you will learn to:

- see marital distress from an attachment perspective
- help partners reprocess the emotional responses that maintain marital distress
- shape key new interaction and bonding events and,
- overcome therapeutic impasses.

You will also see EFT in action during live consultation sessions with real couples. The consultation sessions are always a big highlight.

**Meet the Trainers:**

**Dr. Marlene Best, Ph.D., C. Psych**



**Marlene is a registered psychologist in Ontario, and an ICEEFT Certified EFT Therapist, Supervisor and Trainer. At the Ottawa Couple and Family Institute, where she has a private practice, she works closely with Dr. Sue Johnson. Her work on Stage Two - Pursuer Softening is featured in a recent ICEEFT training video.**

**Marlene is also a Part-time Clinical Professor at the School of Psychology at the University of Ottawa. She won the student-nominated award for excellence in clinical supervision in 2006 and 2016.**

**Marlene is known for her warmth and ability to create a very safe, open learning environment; her clear, structured teaching style; her interest in and attention to issues relating to self-of-therapist; her focus on therapeutic process skills; and, her ability to offer helpful encouraging feedback in a clear, empathic manner..arlene is a registered psychologist in Ontario, and an ICEEFT Certified EFT Therapist, Supervisor and Trainer. At the Ottawa Couple and Family Institute, where she has a private practice, she works closely with Dr. Sue Johnson. Her work on Stage Two - Pursuer Softening is featured in a recent ICEEFT training video.**

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Dr. Paul Greenman, Ph.D., C. Psych



Paul is an EFT therapist, supervisor, and trainer. He has been teaching EFT for 15 years as a full-time professor of clinical psychology at the Université du Québec en Outaouais (UQO) in Gatineau, Québec, where he is currently Chair of the Department of Psychoeducation and Psychology. Paul has also mentored students and colleagues during their EFT journey as a member of the clinical health psychology team at the Montfort Hospital in Ottawa, Ontario; as a consultant to professional couple therapists in Canada, Germany, Switzerland, and Italy; and as a certified EFT trainer. Paul has a strong interest in the application of psychological treatments to patients in medical settings; he is currently collaborating with Sue Johnson and colleagues at the University of Ottawa Heart Institute on the adaptation of the Hold Me Tight program to couples facing cardiac illness. Paul has been the principal author of and a major contributor to a number of peer-reviewed articles, book chapters, and presentations at scientific conferences on the process and efficacy of EFT.

Reference Materials for Study:

“Attachment Theory in Practice” Susan M. Johnson, 2019

“The Practice of Emotionally Focused Couple Therapy: Creating Connection” Susan M. Johnson, 3rd Edition, 2019

“Becoming an Emotionally Focused Couple Therapist: The Workbook” Susan M. Johnson, et al, 2005

Early bird fee valid until October 1, 2020                      \$1,231.70 (incl 13% HST)

After October 1, 2020    \$1,316.45 (incl 13% HST)

Students    \$1,033.95 (incl 13% HST)

Cancellation policy – If you cancel your attendance by October 15 your fee will be returned minus \$100 processing fee. If you cancel by between October 15 and November 1, 50% fee returned. After November 1, your attendance fee is non refundable.

[Download Registration Form](#)